Together we are Stronger

This September we are celebrating National Recovery Month. In its 31st year, this national observance aims to educate Americans that with the proper treatment of substance use and mental health disorders, those suffering can recover and lead purposeful, rewarding, and healthy lives. It is a true celebration of those living in the proud-recovery community and of the frontline health care workers who provide the support and the services necessary to make recovery possible.

The theme for 2020 is “Join the Voices of Recovery: Celebrating Connections,” which embodies the adversity experienced this past year and celebrates the connections felt between people from all walks of life who are on their recovery journey. When it comes to mental health and substance use, we are in both need to find an American who doesn’t share in its story. In fact, in two out of three Americans, someone impacted by substance use will have had a loved one affected by addiction.

We ask that you take this time to reflect on your own journey and your loved one’s journey and do what you can to help others along their path to recovery. This shared connection and understanding as well as a high degree of education, training, and professionalism helps us do our part in helping our clients with unshakable care and dedication to their wellbeing. We are proud to celebrate our employees in recovery this month and we hope that the two stories below will inspire and resonate with you.

If it starts with a skateboard | 11 years ago my mother asked me to deal with me, she’d buy me the new deck by Ozzie Wright (pro surfer) if I agreed to go to Pro Caseadapter and transition into recovery. It was a real challenge that motivated the move, added to my portfolio of 10 months of doing a beach bum in Florida, and finally hitchhiking across the country with dreams of Southern California. I landed in Willis Arizona with a broken vehicle when I had a single realization that I should get a pregnancy test / an abortion (with paid hotel for up to $400) or babysit for a friend in exchange for $100. We landed in Redding California with my new skateboard and a job offer to work in a detox treatment. I went into labor on January 31st with my incredibly talented doula, my mother by my side, and the sense of discovery that seeing with me along the entire journey. My daughter was born on February 1, 2011, via c-section. I committed to myself to leave the hospital with nothing to mitigate the surgery pain and never regretted a moment of that transformative experience. My recovery date is in July 5th, 2010. I just celebrated 10 years that has gifted me a career I love, a brand-new house, and my incredible family.

Did You Miss Our WZBG Interview? 
Click on the link to hear this month’s interview on WZBG 97.3 with Dale Jones and Mandell Tedeschi. McCall House Lead Counselor at the McCall Center for Behavioral Health. Tune in on the 3rd Wednesday of every month at 8:20 to hear us in real-time.

Make a difference in someone’s life and support McCall today.

Our mission is to provide comprehensive integrated substance abuse and mental health treatment to help people lead healthier and more productive lives.

Your donation will directly support our prevention, recovery, and community programs and help us provide clients with the support they need regardless of their ability to pay. Click here to donate today!